



## Fortnightly Menu

### WEEK 7, 2020



Monday	Tuesday	Wednesday	Thursday	Friday
16 March	17 March	18 March	19 March	20 March
Drinking water is always available. All meals are served with a selection of seasonal fruit and vegetables				

## BREAKFAST

<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Cereal, Toast & Oats	Grilled Cheese with Worcestershire Sauce	Cereal, Toast & Oats	Berry and Yoghurt Smoothies	Cereal, Toast & Oats
<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>
Gluten and Dairy Free Options	Contains: Dairy, Fish, Gluten.	Gluten and Dairy Free Options	Dairy Free Option Available	Gluten and Dairy Free Options

## AFTERNOON TEA

<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Lightly Salted Popcorn	Mixed Sandwiches	Tortilla Wraps with French Onion Dip, Shredded Lettuce and Grated Carrot	Mixed Sandwiches	Macaroni Cheese
<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>
-	Gluten and dairy free option available	Gluten and dairy free option available	Gluten and dairy free option available	Gluten and dairy free option available





## Fortnightly Menu

### WEEK 8, 2020



Monday	Tuesday	Wednesday	Thursday	Friday
23 March	24 March	25 March	26 March	27 March
Drinking water is always available. All meals are served with a selection of seasonal fruit and vegetables				

## BREAKFAST

<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Cereal, Toast & Oats	Hash Browns	Cereal, Toast & Oats	Raisin Toast	Cereal, Toast & Oats
<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>
Gluten and Dairy Free Options	Contains: Gluten	Gluten and Dairy Free Options	Contains: Gluten	Gluten and Dairy Free Options

## AFTERNOON TEA

<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>	<u>Afternoon Tea</u>
Mixed Sandwiches	Potato Gnocchi with Salsa di Pomodoro	Mixed Sandwiches	Avocado and cream cheese dip with brown rice crackers	Mixed Sandwiches
<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>	<u>Allergy Advice</u>
Gluten and dairy free option available	Contains: gluten	Gluten and dairy free option available	Contains: Gluten	Gluten and dairy free option available

